



The following **PARENT COACHING** table explains packaged coaching logistics brought to you by Ms. Brianna Schiavoni, LISW, LCSW. Respective services have been designed in support of best outcomes & following years of trial & error working with students & families in Gainesville, FL where Mindful Milestones was first birthed. Ms. Schiavoni is new to the Columbus area & excited to pilot these packaged services ☺

Interested parties can proceed with intake paperwork, as well as review a copy of the Office Policies & Fee Schedule Form at [www.MindfulMilestones.org](http://www.MindfulMilestones.org) > YOUR NEEDS > PAPERWORK. To initiate services, please use the 'Contact' form on the site or email Ms. Brianna directly at [mindful.milestones@gmail.com](mailto:mindful.milestones@gmail.com), who will arrange for a 30-minute phone session with the paying party at no charge & to determine the 'degree of fit' between therapist & inquiring party.

Packaged Service	Logistics	Description	Cost
<p><b>Parent Coaching</b> (with Self-Care for respective Caregivers)</p>	<p><b>3 Session Total</b> Intake: 90 -120 Minutes 90 Minutes <i>Thereafter</i></p>	<p><u>Intake:</u> Comprehensive review of problem(s) with case management, education &amp; treatment planning specific to your child(ren) &amp; family. Identification of individual &amp; family strengths, followed by the delivery of baseline recommendations.</p> <p><u>Respective Sessions:</u> Will cover operationalized parent role(s) &amp; responsibilities; education as to parenting a child with special needs (as needed); the establishment of family rules; &amp; systems for effective behavioral reinforcement. Self care techniques for caregivers will be offered throughout. <i>All sessions are personalized &amp; involve review of interval outcomes with troubleshooting as needed.</i></p>	<p>Intake: \$200 Remaining Bundle: \$350 (Total: \$550)</p> <p><u>Cost Includes:</u> Select tools &amp; incentives; therapist's travel time; 1 hour of remote support via text or phone for reinforcement &amp; troubleshooting.</p>

Additional Parent Coaching = \$120 HR, \$30 per ¼ HR

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