

**Brianna Adele Schiavoni**

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**Professional Education**

May	2009	M.S.W. Florida State University, School of Social Work; Tallahassee, FL
May	2005	B.A. University of Central Florida, Psychology; Orlando, FL
Nov	2018	7 Day Intensive Somatic Education: Nia: The Art of Sensation: Heartdance Studio; Lansing, MI <b>Nia White Belt</b>
Feb	2018	40 Hour Divine Sleep Yoga Nidra: The Lotus Pond Center for Yoga & Health; Tampa, FL <b>Divine Sleep Yoga Nidra® Instructor</b>
March	2016	200 Hour Yoga Teacher Certification: Kripalu Center for Yoga & Health; Stockbridge, MA <b>Registered Yoga Teacher with Yoga Alliance (RYT200).</b>
Dec	2012	3 Day Intensive Children's Yoga Teacher Training Course; Tampa, FL <b>Certified Children's Yoga Teacher (CCYT)</b>

**Focus in Professional Training**

*Children with Chronic Illness; Yoga, Mindfulness & Movement as Healing Art; Medical Social Work with Case Management & Resource Development; Loss & Bereavement; Crisis Counseling; Group Therapy; Therapeutic Camps; Academic, Organizational & ADHD Coaching; Child & Adolescent Developmental Psychology; Parenting; Family Violence; Sexual Health & Wellness; Chemical Dependency*

Therapeutic Modalities: Models of Coaching for Executive Function & Care for Chronic Conditions; Behavioral, Cognitive-Behavioral, Narrative, Interpersonal, Systemic, Strengths-Based, Solution-Focused Therapy

**Professional Certification & Honors**

**LISW, Licensed Independent Social Worker**, State of Ohio, License I.1800979 (5/14/2018)  
**LCSW, Licensed Clinical Social Worker**, State of Florida, License No. SW11123 (11/22/2012)  
**Licensed Masters Social Worker (LMSW)**, State of Louisiana, License No. 11325 (6/2011)  
 Divine Sleep Yoga Nidra Instructor, February 2018  
 Registered Yoga Teacher with Yoga Alliance (Kripalu RYT200). March 2016  
 Certified Children's Yoga Teacher (CCYT), December 2012

**Professional Scholarship & Grants: Partial Administration &/or Authorship**

**University of Florida Women's Medical Guild** - \$1000, PsychoEducational Materials  
**Clinical & Health Psychology at the University of FL** - \$500, Virtual Support Group Research  
**Gainesville Community CATCH Grant** - \$\$, Teen Clinic & High School Peer Education Program

Mark DeGraff & Lula Hamilton DeGraff Scholarship Recipient, May 2008  
 Florida State University's Institute for Family Violence Studies, Research Assistantship, August 2007  
 AmeriCorps\*NCCC Education Award Recipient, July 2006

**Additional Certification****Licensure**

**National Licensure Examination** – PASS (09/10)  
**NASW Member (FL & OH)**, ID: 886509574 (1/09)  
**National Provider Identification (NPI)**: 164.951.5164

**Psychological**

**First Aid**: National Child Traumatic Stress Network & National Center: PTSD (05/11)  
**Suicide TALK** (04/11)  
**HIV/AIDS Testing & Counseling**: 48 contact hours, 501 continued certification (01/07)

**Birth Control Options Counseling:** Result Interpretation & Referral; Adoption, Abortion, Hormonal Birth Control Options Counseling (01/07)  
**Volunteer Income Tax Assistance (VITA):** TaxWise Computer Software (03/06)  
**American Red Cross:** First Aid/CPR certified (05/09), Disaster Response Training (09/05)  
**FEMA Case Management** (09/05)  
**Healthy Lifestyles Instruction:** Stress Management, Alcohol Awareness, Team Development (09/05)

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## Professional Experience

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- 08/18 – Present      Mindful Milestones, llc: Columbus, OH & Remotely (Ohio & Florida)
- 08/11 – 03/18      Milestones in the Making, Lisa Schiavoni & Associates: Gainesville, FL  
***Licensed Clinical Social Worker; Academic, AD/HD, Organizational, Parent, ‘Life’ – Coach; Counselor; Advocate***
- Using behavioral therapy, a cognitive-behavioral coaching model, & the driving principles of yoga therapy – with application of multimodal techniques as needed – to provide both in-home & on-site therapeutic support to youth with chronic conditions & their respective support systems. ***Certified Children’s Yoga Teacher, Kripalu Yoga Instructor, Therapeutic Group Leader, Camp Director***
  - Facilitating therapeutic yoga in private practice, during workshops & for contracted agencies – to develop the mind-body connection of identified youth; creating & facilitating therapeutic camps, groups & classes for specialized populations & per identified needs; offering donation-based community yoga classes to caregivers as a public health initiative; collaborating with alternate professionals & supervising University volunteer initiatives to meet our communities ever-changing needs.
- 02/11 - 08/11      LA SPIRIT @ St. Bernard Project, Greater New Orleans: St. Bernard Parish: Chalmette, LA  
***Team Leader, Crisis Counselor***
- Provided comprehensive support, guidance & supervision to master’s level Crisis Counselors & Resource Linkage Coordinators (Case Managers); maintained a comprehensive understanding of the community’s needs in the aftermath of the Gulf Horizon Oil Spill; provided psychological first aid & other forms of crisis intervention to particularly challenging residents; facilitated weekly case review with supervised staff to determine best practice for stabilization & with an end goal to equip & empower residents with the support & skills they needed to recover & thrive; analyzed & compiled data collected by field workers for state-level reports; program evaluation & restoration
- 11/10 – 02/11      Craniofacial Clinic, Pediatrics, University of Florida, Gainesville, FL  
***Clinical & Medical Social Worker, Case Manager, Interdisciplinary Team Member***
- Responsible for exploring internal & external resources with patients & families, through a process of evaluation & with use of a bio-psycho-social assessment tool created by this MSW; communicating psychosocial concerns to medical team & community agencies; advocating for individualized treatment planning; developing virtual networking sites for caregivers & adolescent patients; monitoring care coordination, family compliance & school accommodation; providing access to concrete resources, financial assistance & legal representation when needed; facilitating client-centered & solution-focused supportive counseling; and assessing for, reporting on & following cases of suspected medical neglect
- 03/09 – 09/09      Camp Boggy Creek, A Whole in the Wall Camp, Eustis, FL  
***Psych/Social Work Professional, Camp Consultant to Programming Staff***  
 \*A camp for youth with chronic illness\*
- Reviewed camper applications for bio-psycho-social suitability; oriented staff on psychosocial implications of life with chronic illness; implemented the use of- and provided direct support to-

children accepted on behavior contracts; and provided strengths-based counseling services to campers & camp staff alike

01/09 – 04/09

Shands Hospital at UF, Gainesville, FL

***MSW Intern, Case Manager, Multidisciplinary Pediatric Oncology & Hematology Team Member***

- Assessed the psychological, social, emotional & financial needs of children and their families; and encouraged management of client stressors via a process of supportive counseling, therapeutic intervention, and case management

08/06 – 05/09

Planned Parenthood, Gainesville, FL

***Outreach Educator & RISKY Business Coordinator***

\*A county-funded teen clinic & peer education program\*

- Recruited, enrolled, counseled, provided education to & follow-up supportive counseling for a population of at risk adolescents; created and implemented developmentally appropriate materials on relevant topics; offered HIV and pregnancy options testing and counseling to the community at large

01/08 – 5/08

HealthSouth Rehabilitation Hospital, Tallahassee, FL

***MSW Intern, Case Manager, Interdisciplinary Team Member***

- Provided medical case management services with an emphasis on discharge planning to a diverse geriatric population with a myriad of complex medical & psychosocial issues

09/05 – 07/06

AmeriCorps National Civilian Community Corps (\*NCCC), Sacramento, CA

***Program Member, Peer Helper***

\*A 10 month, team-based national & community service program providing public service to nonprofit agencies across the country whose projects focus on areas of unmet human needs, public safety, education, environment, and disaster relief\*

- Provided direct assistance to nonprofit & governmental agencies, including the Mississippi Hurricane Recovery Hotline, which involved *crisis intervention and case-management*; FEMA, *assessment & case-management*; Winnemucca School System of NV & Bureau of Land Management, *in-school mentorship & tutoring assistance*; VITA (Volunteer Income Tax Assistance) of Phoenix, *direct tax assistance & financial planning services*; Cameron Emergency Operations Center, & Hands On New Orleans, *supervisory roles involving assessment, case-management & manual labor*

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## **Research Experience**

02/10- Present

UF Pediatric Craniofacial Clinic, *Clinical Social Work*

- Formulating a research tool in conjunction with SUF Clinical Psychology to determine motives for caregiver participation in - and subsequent utility of – the virtual support group hosted by this MSW

08/07 – 5/08

Florida State University's Institute for Family Violence Studies, *Research Assistant*

- Prepared a compilation of Internet research on the prevalence of domestic violence within a population of FL law enforcement and under the direct supervision of the center's JD. Said research has been used to attract interest in developing an online curriculum for FL law enforcement and their families

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## **Teaching & Professional Lecturing Experience**

03/16 & 08/16

**B'nai Israel Pre-School, Yoga Instructor & Behavioral Interventionist**

- Educated over 20 preschool teachers on the use of asana (yoga postures), breath, & mindfulness techniques with respective students (1 hour each)

- 05/15 • **Camp Boggy Creek**, Teen Transition Program, *Social Skills Coach*  
Facilitated an interactive workshop on social skills & interpersonal problem-solving for high school students transitioning to college (1 hour)
- 07/10 • **Florida Cleft & Craniofacial Association**, Annual Conference  
Lectured on the topic of Bullying – identifying factors & subsequent interventions presented to a group of CMS (Children’s Medical Services) Nurse Case Managers (30 minutes)  
Lectured on the topic of Bullying – symptomology & interventions (primary, secondary & tertiary) presented to a group of parents (1.5 hours)
- 03/09 – 09/09 • **Camp Boggy Creek**, Whole in the Wall Camp, *Psych-Social Work Professional*  
Hosted two 1hour presentations on child abuse & mandated reporting to ≥ 70 summer staff;  
Presented information on psychosocial implications of life with a particular chronic condition prior to the initiation of each session to ≥ 125 staff & volunteers; illness groups covered included HIV, epilepsy, cancer, JRA, hemophilia, sickle cell, IBD, kidney disease, spina bifida & craniofacial anomalies
- 08/06 – 05/09 • **Planned Parenthood of North Central Florida**, *Community Outreach Educator*  
Guest lecturer within Alachua County school systems K-12; topics discussed were pertinent to the issues of reproductive anatomy, sex & sexuality, birth control methods, sexually transmitted infections/diseases, teenage pregnancy, condom negotiation & assertive communication

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**Service**

- 05/12 – Present Volunteer Certified Children’s Yoga Teacher  
**Various Non-Profit & For-Profit Community Initiatives:** Gainesville, FL & Columbus, OH
- 02/17 – 03/18 Founder, Community Liaison, Team Leader  
**Youth Empowered Solutions (Y.E.S.):** Gainesville, FL, *Special Interest Group for Youth Interested in Politics & Political Action*
- 01/17 – 03/18 Volunteer Yoga Instructor  
**YogaLOKA: GRACE Marketplace:** Gainesville, FL, *Bringing Yoga to Underserved Populations with Mental Illness*
- 2012 – 03/18 Founding Board Member, Group Therapist, Referral Source  
**Gainesville Equality Youth (G.E.Y.):** Gainesville FL, *PsychoEducational Support Group for LGBTQI Youth*
- 01/10 – 03/18 Volunteer Psych-Social Worker, Group Therapist  
**Camp Boggy Creek Family Weekends:** Eustis, FL, *Camp for Children with Chronic Illness*
- 01/10 – 02/11 Administration  
**Caregiver Support: Truth & Beauty,** *Online Support Group & Networking Opportunity for Caregivers of a child with a Craniofacial Condition,* Virtual Site
- 01/10 – 02/11 Administration  
**Autobiography of a Face,** *Online Support Group & Networking Opportunity for Adolescents with a Craniofacial Condition,* Virtual Site
- 12/08 – 02/10 Administration  
**ID Entourage,** *Online Support Group & Coaching Opportunity for Insulin Dependent Adolescents,* Virtual Site
- 08/03 – 02/11 Volunteer Camp Counselor  
**Florida’s Diabetes Camp,** Deland, FL
- 09/04 - 12/04 Volunteer Program Coordinator  
**Place of Comfort,** *HIV/AIDS Community Support,* Orlando, FL
- 02/05 - 04/05 Volunteer Clerical Worker  
**Ronald McDonald House,** Orlando, FL

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\*Professional Reference Available Upon Request